MERIDIAN PUBLIC SCHOOLS



2023

MHS

Monday	Tuesday	Wednesday	Thursday	Friday
	Seasonal Fresh Fruit Cup, Fres	Breakfast sh Fruit Bowl, Assorted Fruit Juice	and Milk Variety offered daily!	
				December 1
				Chicken Biscuit Cinnamon Roll Assorted Cereal
December 4	December 5	December 6	December 7	December 8
Pancakes w/ Sausage Patty Assorted Breakfast Breads	Cinnamon Crunch Pastry Yogurt & Muffins Yogurt Parfait	Breakfast Pizza Yogurt & Muffins	Sausage & Biscuit Yogurt & Muffin Assorted Cereals	Ham Biscuit Assorted Cereal Assorted Muffin Loaves
December 11	December 12	December 13	December 14	December 15
Pancake w/ Bacon Strips Yogurt & Muffins	Sausage Biscuit Assorted Breakfast Breads Yogurt Parfait	Sausage Pancake Stick Cinnamon Crunch Pastry Yogurt and Muffin Fruit and Yogurt Plate	Sausage & Biscuit Yogurt & Muffin Assorted Breakfast Breads	Grilled Cheese Sandwich Assorted Cold Cereals Blueberry Muffin Loaves
December 18	December 19	December 20	December 21	December 22
Chicken w/ Waffles Yogurt & Muffins Assorted PopTarts	Apple Frudel Cherry Frudel Yogurt & Muffins	Christmas Break	Christmas Break	Christmas Break
December 25	December 26	December 27	December 28	December 29
Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break
	Seasonal Fresh Fruit Cup, Fres	Lunch sh Fruit Bowl, Assorted Fruit Juice	and Milk Variety offered daily!	
				December 1
				Hamburger Steak w/ Steamed Ri BBQ Pulled Pork Chef Salad w/ Crackers Glazed Carrots Cucumber Slices w/ Ranch Seasoned Potato Wedges Yeast Roll
December 4	December 5	December 6	December 7	December 8
	Macaroni & Cheese w/ Ham slice	Assorted Pizzas Hotdogs w/ Seasoned Potato	Seasoned Baked Chicken Turkey & Cheese Hoagie	Steak Fingers Ham & Cheese Sandwich w/
Chicken Spaghetti Cheeseburger w/ Tator Tots Chicken Salad w/ Crackers Black-eyed Peas Mixed Vegetables Yeast Roll	American Sub w/ Chips Chicken Salad w/ Crackers Glazed Carrots Steamed Broccoli Spears Yeast Roll	Wedges Chicken Salad w/Crackers Whole Kernel Corn Refried Beans Hot Cinnamon Apples	Chicken Salad w/ Crackers Macaroni & Cheese Seasoned Green Beans Carrots w/ Ranch Dressing Yeast Roll	Sweet Potato Fries Chicken Salad w/ Crackers Mashed Potatoes Seasoned Green Peas Yeast Roll

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Cheesy Chicken w/ Rice BBQ Pulled Pork Sandwich w/ Seasoned Potato Wedges Tuna Salad w/ Crackers California Vegetables Seasoned Green Peas Yeast Roll	Hamburger Steak w/ Steamed Rice BBQ Rib Sandwich w/ Sweet Potato Fries Tuna Salad w/ Crackers Glazed Carrots Steamed Broccoli Spears Yeast	Assorted Pizza Turkey & Cheese Sandwich w/ Chips Tuna Salad w/ Crackers Whole Kernel Corn Assorted Vegetable Juice	Chicken Fajita w/ Wrap Southern Chicken Sandwich w/ Tater Tots Tuna Salad w/ Crackers Mixed Vegetables Carrots w/ Ranch Dressing Yeast Roll	Manager's Choice Meatballs Marinara Hoagie Tuna Salad w/ Crackers Seasoned Fries Seasoned Green Peas Yeast Roll
December 18	December 19	December 20	December 21	Christmas 22
Manager's Choice Fish Sandwich w/ Cheese w/ Crinkle Fries Chicken Salad w/ Crackers Whole Kernel Corn Glazed Carrots Yeast Roll	American Sub w/ Chips Chicken Salad w/ Crackers Mixed Vegetables Assorted Vegetable Juice Rice Krispy Treat	Christmas Break	Christmas Break	Christmas Break
December 25	December 26	December 27	December 28	December 29
Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break

(Menu choices are subject to change without notice due to availability of items listed)